

**WYONEGONIC OLS CLINIC- 3 DAYS****What Do I Want to Accomplish for Knowledge and Skills?**

**Rational:** Summer camps are in a unique position of being perfectly poised to deliver a curriculum rich in the skills necessary to sustainably and safely enjoy the outdoors. Skills taught in this course will be chosen from the Junior Maine Woodsman, Maine Woodsman and Junior Maine Guide curriculums described in the Art of Outdoor Living (books available through Maine Summer Camps).

**Goals for participants:**

- To become confident, passionate outdoor living skills (OLS) educators.
- To develop proper, safe demonstration skills and to become proficient OLS teachers.
- To develop strategies to convey OLS knowledge to campers in a safe, engaging, and enthusiastic way.
- To learn the progression and age-appropriate teaching strategies of OLS.
- To develop strategies for exposing students to the natural world and foster their appreciation for it.

**Overview of Topics:**

- Trees- their different types and uses, identification
- Knots- their different applications
- Shelters- safe and comfortable positioning for various purposes and weather challenges, and set up
- Sharp tools of knife, saw and axe- safe and efficient use, care of tools
- Map of Maine- become familiar with a few locations in the categories of mountains, rivers, state parks, lakes, etc.
- Identify the constellations Ursa Major and Ursa Minor, and Polaris
- Fire building, safety and extinguishing. Types of forest fires.
- Maine wildlife identification
- Map and Compass- Use of compass, topographical map for navigation, “if lost ...”, drawing a map to scale
- Meals- planning, food preparation and cooking- plan nutritious meals for canoe or mountain trips, sanitary food preparation and meal clean-up, use of both Dutch Oven and Reflector Oven, safe use of stoves
- Leave No Trace principles- by modeling and discussion
- Note: This course does not include canoeing, first aid instruction, or MW/ JMG written test prep.

**Course Structure:**

In this course, participants will be practicing physical skills as well as learning concepts through in class discussions. We will model instructional techniques and tricks that participants will be able to use to engage campers. Participants will learn skills by doing and practice designing a lesson to teach others. This three-day course will involve one overnight at a campsite on Wyonegonic Property.