

Camp Life is Simple

Please pack carefully. Less is better than more! Campers clothes will be kept in a footlocker. They will have a shelf that holds personal items like a hair brush, a toothbrush, a flashlight, and writing materials. Laundry will be done once a week and will be returned after 24 hours.

Important considerations:

- Leave all valuables at home - jewelry, money, cell phones, electronics, tablets, etc.
- We suggest a disposable camera as there is no where in camper cabins to recharge batteries.
- We request all writing stationery be white for our postage meter and meets the standard size dictated by postal regulations. For guidance please check this website: <http://www.usps.com/ratecase>
- Make sure your name is on everything. Bring extra name labels. Mark everything including toothbrush, and flashlight (Scotch tape over a name tape works well).
- Forest green, white and khaki are camp uniform colors.
- Make sure your bathing suits are tasteful and practical for active swimming.
- The camp office has basic replacements like toothbrush, toothpaste, flashlights and batteries. We also have camp postcards, stationery and pens.
- All medicines must be under the care of the nurses locked in the Health Center.
- Illegal drugs are not permitted.
- We are a smoke-free environment at camp and want you to know that only non-smokers have been hired on staff. Campers are expected to follow the same policies.

Other items to consider bringing:

- Include **one** favorite stuffed animal for your bed.
- Musical instruments and sheet music.
- Tennis balls and racquet.
- Sleeping bag, backpack and hiking boots for serious trippers.
- Sandals must have a heel strap; shoes or sandals that can get wet and be worn in a canoe (water shoes, *Tevas*, *Chacos* or *Keens* are good; flip flops are not); *Crocs* may be worn only if heel strap is in place.
- Age appropriate books to read. Please keep magazines in good taste.
- All horseback riders must have appropriate riding gear. We do have helmets and boots to borrow if you do not own them.
- It is a good idea to bring mosquito lotion or stick. **Aerosol sprays are not allowed, as they are environmentally unfriendly and flammable near campfires.**

Items NOT to bring:

- No electronic items; the cabins do not have electricity. There is no way to recharge any battery powered device.
- No need to bring a pocket knife (we have all necessary equipment in our camping department)
- Food and candy is not permitted. Please inform your family and friends that **anything sent in the mail will be returned in the mail.**
- If you are not using *Amerasport*, make sure clothing is dark green or white and plain (without logos).
- Tops with spaghetti straps and bare midriffs are not acceptable (tank tops are ok).
- ***There is no room in the cabins for clutter. As parents, please monitor the packing process. Shipping rates are expensive so lighten your load. We do not allow sets of drawers, posters or more than one stuffed animal, etc.***

Thanks for appreciating our focus on non-material things. People and the beauty of the outdoors, will make your daughter's summer a valuable experience.

Think "Green."