

## Health, Medication, Care and Insurance

As part of tuition, campers are cared for by our team of nurses at the Wyonegonic Health Center. The nurses follow written standing orders from the camp doctor and after assessment of the camper nurses may dispense medication from the approved inventory. The nurses are also involved with risk management planning, primary care of injuries, dispensing of prescription (RX) medications and supplies, preparations and briefing for our trip leaders. They follow the standards of the American Camp Association for Health and Wellness.

**Health Insurance:** Pre-existing conditions, prescribed medications and accidents fall under the responsibility of the family medical insurance policy. Therefore, it is important that we have appropriate details of your camper's health insurance policy on file in the Wyonegonic Health Center. You need to provide a copy of your policy health card (both sides please).

**Health Form:** It is mandatory that everyone in camp has a health history on file. The form is available for completion online via *Parent login*. Various components of the health history are also available for download so that you may take the forms to your Primary Care Physician for completion of the annual physical. Please mail these forms by June 1 (or July 1 for Session II). Printed forms are kept on file (in confidence) in the Wyonegonic Health Center and must be complete with parent signature and current health history. A Primary Care Physician physical exam is strongly recommended for all. A signed physical exam form is required if your camper is prescribed medications (including OTC medications) or has any limitations. Your physician must note any medications or limitations on the physical exam form with their signature.

**Health Screening:** Please inform us if your child has been exposed to any communicable disease or head lice at any point during the previous year so that *we may check and monitor her discreetly*. All campers will be screened upon arrival at camp before going to their cabins to move in. It is critical to update camp nurses with any new information that has occurred since the camper's health form was completed. If your daughter arrives at camp with lice, without our prior knowledge, all associated expenses for treating her will be charged to parent accounts. Last year, treatment for headlice was billed at \$100 - \$300 to parent accounts.

**Communication to Parents(s):** It is our policy to inform you of any accident or illness that requires a visit to the doctor or more than a one-night stay in the Wyonegonic Health Center.

**Medications:** With the exception of inhalers, Epipens, nasal sprays, liquid medicine and medication prescribed outside of the United States, **all prescription and over the counter (OTCs) medications must be arranged by establishing an account with CampRX**. This provides the Wyonegonic nurses and your child with a safeguard system for dispensing and control of all prescription meds and OTCs. It also assures that pre-packaged meds will be sent on all out-of-camp trips and be dispensed by a designated trip leader.

Open an account at [www.CampRX.com](http://www.CampRX.com). **CampRX** ships the personalized packets directly to camp before the season begins. The company recommends you submit your RX and OTC orders 60 to 30 days prior to your camper's arrival to camp. Wyonegonic subsidizes this program to assist the nurses in providing a proven method for dispensing of medication to a large community.

**If medication was prescribed outside of the United States, all medications must come properly labeled, in their original containers, with a doctor's signature and instructions translated in English. This includes over the counter meds or vitamins. OTCs will not be dispensed without a doctor's signature unless the OTC in question is part of our normal standing order inventory list.**

No medication is allowed in camper cabins. All medications are secured in the Wyonegonic Health Center and dispensed by RNs except for out-of-camp trips. Pre-packaged meds will be dispensed by a designated trip leader when your child is on a canoe trip or hike. There is a mandatory form required for those who wish to authorize a camper to self administer the use of an EpiPen or inhaler. This form is available by contacting the Wyonegonic Office.

**Hospital:** Our nurses follow standing orders from Drs. Craig and Jennifer Smith who are associated with the Bridgton Hospital. The hospital is located 6 miles from camp. We use the Bridgton Hospital for Urgent Care and Emergency Room if needed and Central Maine Medical Center in Lewiston for crisis care. In the event the parent cannot be reached, it is understood by the signing of the health form that the directors and the camp nurses have the authority to act upon the recommendation of an attending physician in case of medical treatment or surgical necessity.