

TO: Parents of children **dependent on epi pens and inhalers**

RE: State of Maine law for self administering emergency medications

FROM: Carol and Steve Sudduth, Directors

These forms are not necessary for those campers who do not need to have readily available and self-administered emergency medications (epi pens and inhalers). As always, our health staff will provide regular supervision of prescription medications and all medical needs for campers.

If you want your camper to be able to self-administer, you and your camper's primary health care provider **must provide written approval using the form below. If you prefer a mailed copy, please call 207-452-2051.**

All forms should be submitted a minimum of one month prior to your camper's arrival to camp.

Thank you in advance for helping us comply with this law. As always, please call with any questions or concerns.

The State of Maine has passed a law that affects all campers who need to have readily available (carry or possess outside of the regular supervision of the camp's health staff) and to self-administer emergency medication while at camp. The law establishes procedures to allow such access to emergency medication by those campers who have been diagnosed to be at risk for a potential medical crisis such as asthmatic attacks or allergic reactions. These medications include, but are not limited to, **an asthma inhaler or an epinephrine (epi) pen.**

To comply with State Law 2496, all Maine camps are required to have a written policy authorizing campers to have readily available and to self-administer such emergency medications where the following conditions are met.

- A. Any camper who self-administers emergency medication must have the prior written approval of the camper's primary health care provider and the camper's parent or guardian;
- B. The camper's parent or guardian must submit written verification to the camp from the camper's primary health care provider confirming that the camper has the knowledge and the skills to safely self-administer the emergency medication in camp;
- C. The camp health staff must evaluate the camper's technique when they arrive at camp to ensure proper and effective use of the emergency medication in camp; and
- D. The emergency medication must be readily available to the camper.